

JAWAHAR NAVODAYA VIDYALAYA, TENUGHAT, BOKARO
MESS MENU FOR SPECIAL CLASS X & XII (W.E.F.03.10.2017 TO 12.10.2017)


S.N.	Day	Break Fast	Tea Break	Lunch	Evening Snacks	Dinner
1	MONDAY	Roti, Chhola (Kabuli Channa)	Biscuits	Rice, Dal, Veg (Aloo, Soyabin Bari), Pickle	Samosa	Roti, Veg. (Aloo, Kabuli Chana), Kheer
2	TUESDAY	Rice Fry, Mutter Chhola	Biscuits	Rice, Dal, Veg (Aloo Bhujiya), Salad/Papad	Tip Kachori	Roti, Veg. , Sewai
3	WEDNESDAY	Puri, Aloo Chana	Biscuits	Rice, Dal ,Veg.	Samosa	Rice, Dal, Egg Curry/ Paneer, Sweet
4	THURSDAY	Rice Fry, Mutter Chhola	Biscuits	Rice, Dal, Veg (Aloo, Kabuli Channa), Pickle	Fruit	Roti, Mutter Paneer
5	FRIDAY	Roti, Aloo Chana	Biscuits	Rice, Dal, Veg, Pappad	Tip Kachori	Roti, Dal, Veg.
6	SATURDAY	Kachori, Mutter Chhola	Biscuits	Rice, Dal, Veg , Papad	Fruit	Roti, Mutter Paneer
7	SUNDAY	Rice Fry, Mutter Chhola		Rice, Dal, Chicken Fry curry, Kabuli Paneer, Sweets	Biscuit	Roti, Mix Veg, Salad


- Note : 1. Menu will be change according to availability of items.
2. Menu will be change if budget will allow the said expenditure as per NVS norms & condition.

1. Vidyalaya Captain-

Vidyalaya Captain (Girls)


C.A.


Staff Nurse


I/c Mess, 110


Principal